

EVERGREEN SPORTS CENTER & MT WASHINGTON CROSSFIT MEMBERSHIPS

Make a commitment for your life!

Unlimited memberships include:

Fitness Center, Pools, CrossFit, Tennis and all Fitness and Aquatic Classes.

Club memberships include:

Fitness Center, Pools, and Fitness and Aquatic Classes.

Memberships EFT These are individual rates	
	Individual
Unlimited	\$119
Unlimited Student	\$89
CrossFit 3 x week	\$99
Tennis only up to 2 x week	\$89
CrossFit 2 x week	\$79
Club	\$60
Pool	\$40
Gym	\$35

Month to Month Memberships These are individual rates	
	Individual
Unlimited	\$129
Unlimited Student	\$99
CrossFit 3 x week	\$109
Tennis only up to 2 x week	\$99
CrossFit 2 x week	\$89
Club	\$65
Pool	\$50
Gym	\$40

Discounts

(Excludes Gym, Pool, & Student Memberships)

Seniors - 5%

Spouses - 10%

Active Military - 10%

Family Membership Discount available for all types of memberships - 20%

Family membership rates are for spouses and children 18 yrs & under. Children under 14 must be accompanied by and adult in pool area. Children Under 12 are not permitted in the Fitness Center.

TENNIS COURT FEES

Non-Member Court Fee	\$55/hour
Tennis Member additional 90 minute court time (court times are not transferable week to week)	\$10
Non-Member 90 minute per visit fee.	\$20

Tennis Court Fee Punch Cards for Non-Members

10x Punch Card - \$179

20x Punch Card - \$349

A punch is good for 90 minutes of singles play or 90 minutes of doubles play.

Class Schedule & Membership Rates



24 Hour Fitness Center Access

Pool Hours

Sunday: 8am-12pm

Mon-Fri: 5:30am-8pm

Saturday: 8am-4pm

Tennis-Desk Hours

Sunday: 8am-12pm

Mon-Fri: 7:00am-8pm

Saturday: 8am-4pm

2572 Route 302
Lisbon, NH 03585
603-838-6511

WWW.EVERGREENSPORTSCENTER.COM

Evergreen Aquatics and Fitness Class Schedule

	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thur</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
Aquatic Classes included with Unlimited, Pool & Club and memberships. (\$5 with gym membership)							
The Pool			EZ Active Aqua Aerobics 9:00-10:00am Dianne	Senior Splash 10:15-11:00am Lisa	Aqua Combo Aqua Aerobics 8:15-9:00am Lisa		
Fitness Classes included with Unlimited, Gym & Club memberships. (\$5 with pool membership)							
Fitness Center	CBS 8:15-9:00am Nancy Sept-May		CBS 8:15-9:00am Nancy Sept-May				
Spin Studio Indoor Cycling	6:15am Kim		6:15am Gal				
Classes below are included with an Unlimited Membership							
CrossFit	5:45am, 8:00am, 5:00pm, 6:00pm	5:45am, 5:00pm, 6:00pm	5:45am, 8:00am, 5:00pm, 6:00pm	5:45am, 5:00pm, 6:00pm	5:45am, 8:00am 5:30pm	7:00am	
These Special Classes and Clinics have an additional fee.							
Tennis Court						Youth Tennis Clinic	
N3C Yoga \$10 non-members / \$8 members	Slow Flow 4:00-5:15pm Vinyasa Flow 5:30-6:45pm			Yin Yoga 6:00-7:15pm			Gentle Hatha Yoga 9:00-10:15am

FITNESS CENTER REMINDERS

Children under 12 are not allowed in the fitness center.
Children 12 years or older must have a membership.

Outside footwear is not allowed in the fitness. Please bring
clean footwear.

Thank you for helping to keep our facility safe and clean!

Evergreen Sports Center Facility & Class Passes

Day Pass - \$10 Pool & Fitness Ctr

**1 Week Pass - \$20 Fitness or Pool
\$30 Fitness & Pool**

**Punch Card - \$75 for 10 punches
(days)**

EXCLUDES Mt Washington CrossFit

CrossFit Day & Week Passes

Day Pass - \$20

1 Week Pass - \$50

5 Punch Card - \$90

10 Punch Card - \$170

20 Punch Card - \$300

Tanning at Evergreen

(ages 18 and up only ID required))

Hours - Sun 8am-11:30am

Mon-Fri 7am-7:30pm

Sat 8am-3:30pm

Member's 1 month - \$25/unlimited
(parents of enrolled gymnastics students are members)

Non-member 1 month - \$40/unlimited

10 Visit Punch Card - \$60

Single Visit - \$7

(ages 18 and up only)